

# *Enchanted*



# Enchanted

18M to 6

Smocked shirt and triple ruffle skirt pattern

\*Seam allowance is 3/8" except where indicated

For shirt front cut out a piece of fabric that is 44" by

18M—11.5"

2T—12.25"

3T—13.25"

4—14.5"

5—15.5"

6—16.5"

## Pleating and smocking

1) Pleat the number of rows needed for the smocking. Pull the thread out of the first 15 pleats on both ends. Adjust the rest of the pleats according to the dress front guide, lining up the sides of the fabric with the size 6 (for all sizes) sides of the guide

2) Smock the front

3) Block the front

4) To block the front, remove all but the top holding thread (more threads may be left for stability, stretch and pin the dress front to an ironing board stretching to fit the front guide. Making sure that the iron does not touch the smocking, steam until it is wet to the touch, leave pinned to the board until smocking is completely dry.



5) Using front guide mark arm holes with fabric marker directly to fabric.



6) Zig zag along lines and trim close to zig zag without cutting stitching.



### Front binding

#### Option 1: bind with binding

-Optional piping. Pin piping so it lines up with top row of smocking. Stitch in place

-Using binding, press under 1/4" on both long sides of binding

-Line up fold of binding with top row of smocking (or piping, if piping was used) open up binding and pin in place (wash away wonder tape works great in place of pins), stitch in the ditch of the binding.

Remove remaining holding threads

Set aside

#### Option 2: Bind with piping

7) Pin piping so it lines up with the top row of smocking and stitch in place



8) Finish the raw edges of piping and pleated fabric with serger or zig zag stitch



9) Flip piping so that the raw edges are now in the back and hand stitch in place to the back of the bodice front.

Remove remaining holding threads

Set aside

### Smocking sleeves

First decide what length sleeves are needed, included are instructions for short, 3/4 and long sleeves.

-For short sleeves cut along dotted line on pattern, and pleat from under arm to hem

-For 3/4 sleeves, cut at the dashed line, and pleat 5 rows at hem or 5 rows at both hem and upper arm

-For long sleeves cut along solid line, may be pleated with 5 rows at hem, half way up arm or at upper arm or any combination of.

1) Sew a tiny 1/8" hem at hem line.

2) Smock only the center pleats leaving 15-20 pleats **unsmocked** on both sides depending on smocking design and pattern size, measure around the arm to determine how much needs to be smocked

### Constructing top

Do following rows on both sets of sleeves and bodice back

1) Using bodice back pieces turn under and press 1/2" then 1" for button band repeat for other back piece



2) Sew along edge of fold on both pieces

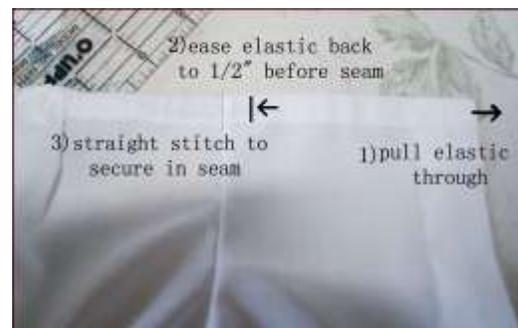


3) Sew shirt backs and sleeves together  
4) Along top ends, turn under 1/4" and press then turn under 3/8" and press



5) Stitch close to pressed edge making a casing for elastic

6) thread elastic through casing and stitch to secure at sleeve end, pull completely through bodice back to remove pin, slowly ease elastic back until 1/2" before seam of sleeve and bodice back, stitch in the ditch to secure elastic



7) Sew bodice front to shoulder carefully lining up the shoulder edge bodice front edge together.



8) Sew under arm and side seams

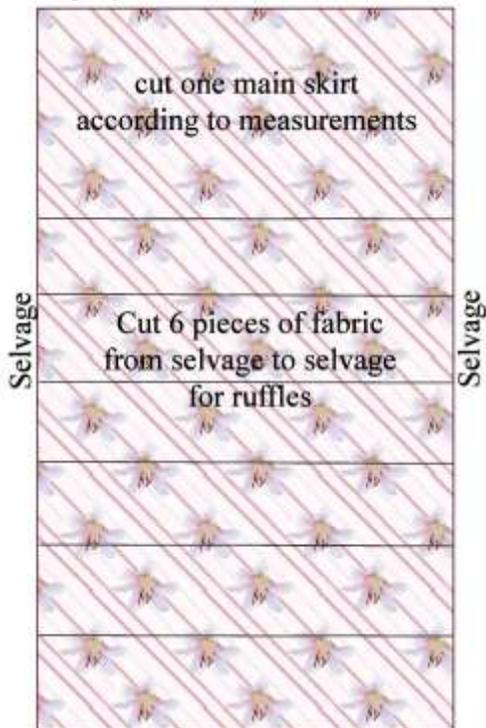
9) At this point the front is most likely longer than the back. Trim off the excess fabric.

10) Add a small 1/4" hem to bottom

11) add buttons and button holes to back

## Skirt instructions

Cutting layout for skirt



For skirt cut 6 pieces of fabric for ruffles as follows

Cut all 44" in length by

18M- 3.5"

2 - 4"

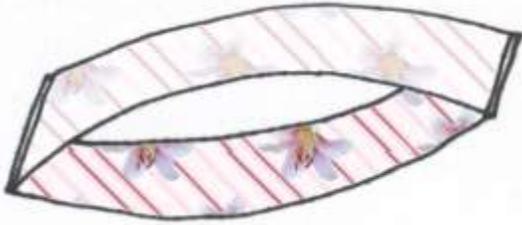
3 - 4.5"

4 - 5"

5 - 5.5"

6 - 6"

1) Sew 2 pieces together at both sides, repeat so you will have 3 long circles of fabric



2) Hem one end of each, and gather the other end of each so that they are half their size, set aside

3) Cut one main skirt piece as follows (also shown on cutting layout)

18M- 39" X 12.5"

2- 40" X 13"

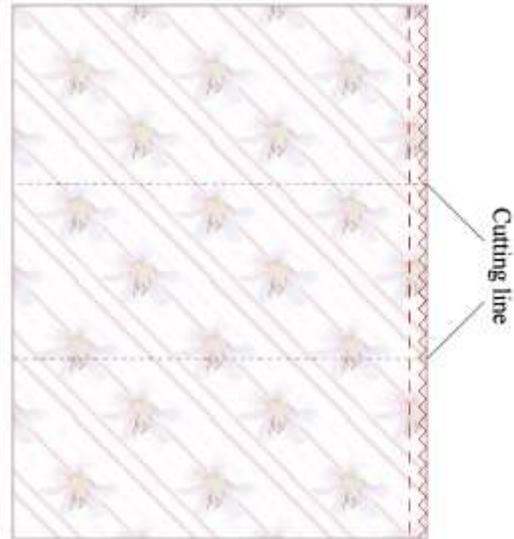
3- 41" X 13.5"

4- 42" X 14"

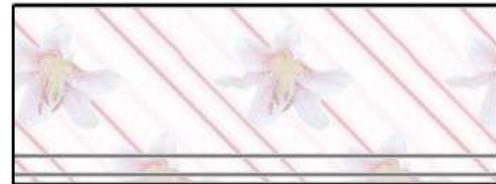
5- 43" X 14.5"

6- 44" X 15"

4) Sew main piece short sides together then cut into 3 equal pieces



5) top piece fold under and press under 1/2" then fold and press under 1 1/16",

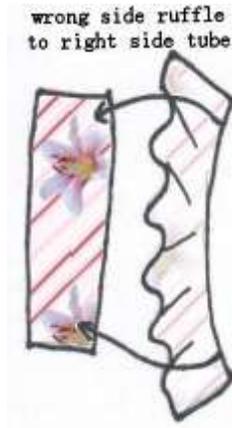


for elastic casing  
turn under and press 1/2"  
then 1 1/16th"

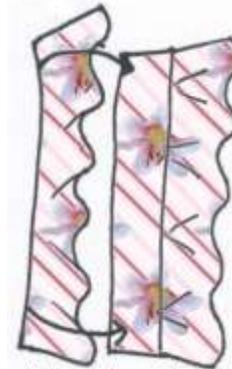
6) stitch close to edge (about 1/8" from top edge) and stitch along bottom fold (about 1/8" from edge of bottom fold) leaving about 1" open for elastic (add elastic at the last step)



7)add one ruffle to the bottom piece, sew right sides together, adjusting ruffle to fit, finish edges then top stitch



8)Attach next ruffle to top of same piece that the 1<sup>st</sup> ruffle was added to, wrong side of ruffle facing right side of fabric, adjusting gathers to fit (first picture)



9)take next fabric piece (tube) and place it on top of top ruffle, right side of fabric facing right side of ruffle, and sew, finish edges then top stitch (second picture)



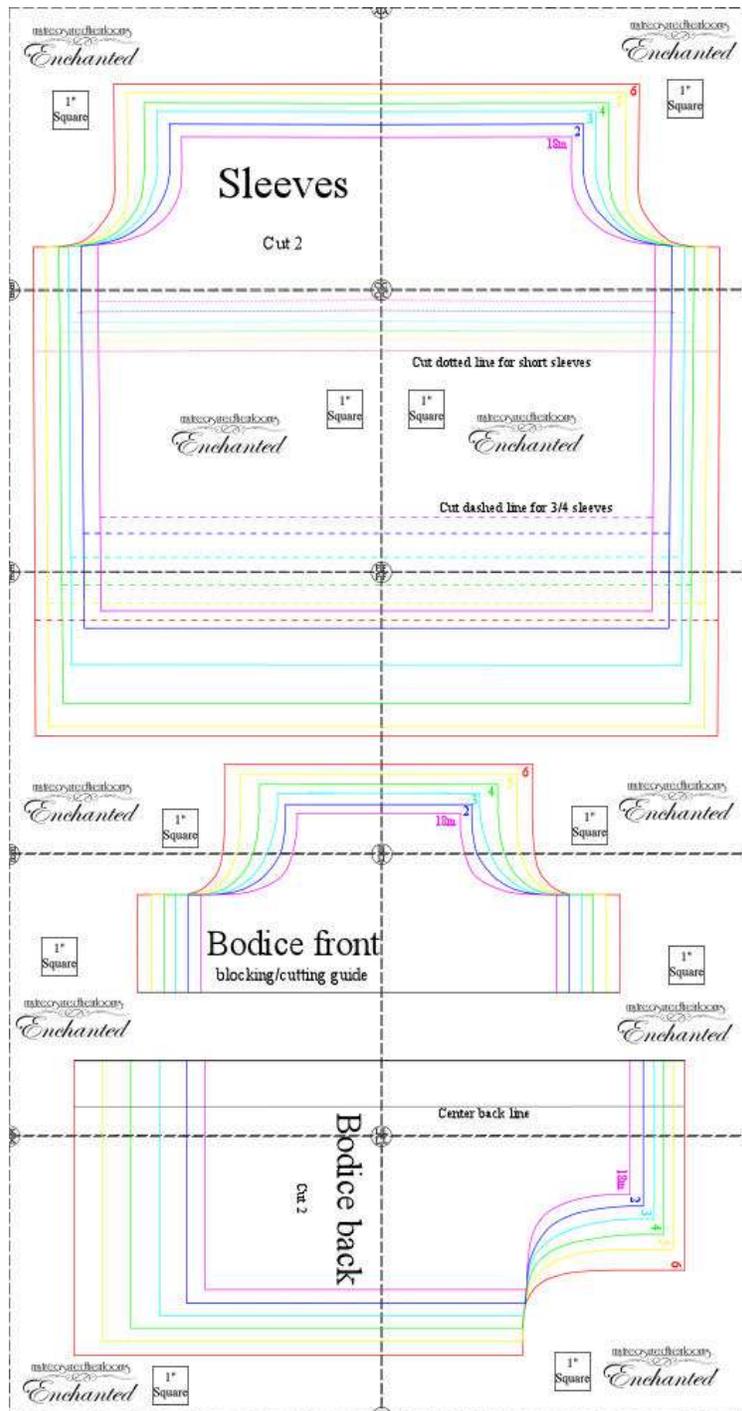
Repeat steps 8 and 9 with the last ruffle and top piece (piece with elastic casing)  
-insert elastic in casing and sew opening closed. Top stitch where needed.

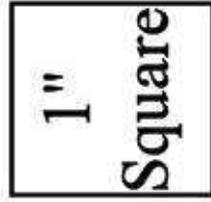
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# Printing and cutting guide

There are 10 pattern pages to be printed. Print out pages 9-18 without resizing or scaling the pictures. The squares on each sheet needs to measure 1" both ways. Trim the pattern pieces on the dashed black outer lines. On the corner of each pattern piece is a quarter circle with a letter on it, each corner that needs to be matched up has the same exact letter. Line up the corners so that it forms a circle or half circle. Your pattern should end up looking like the images below.

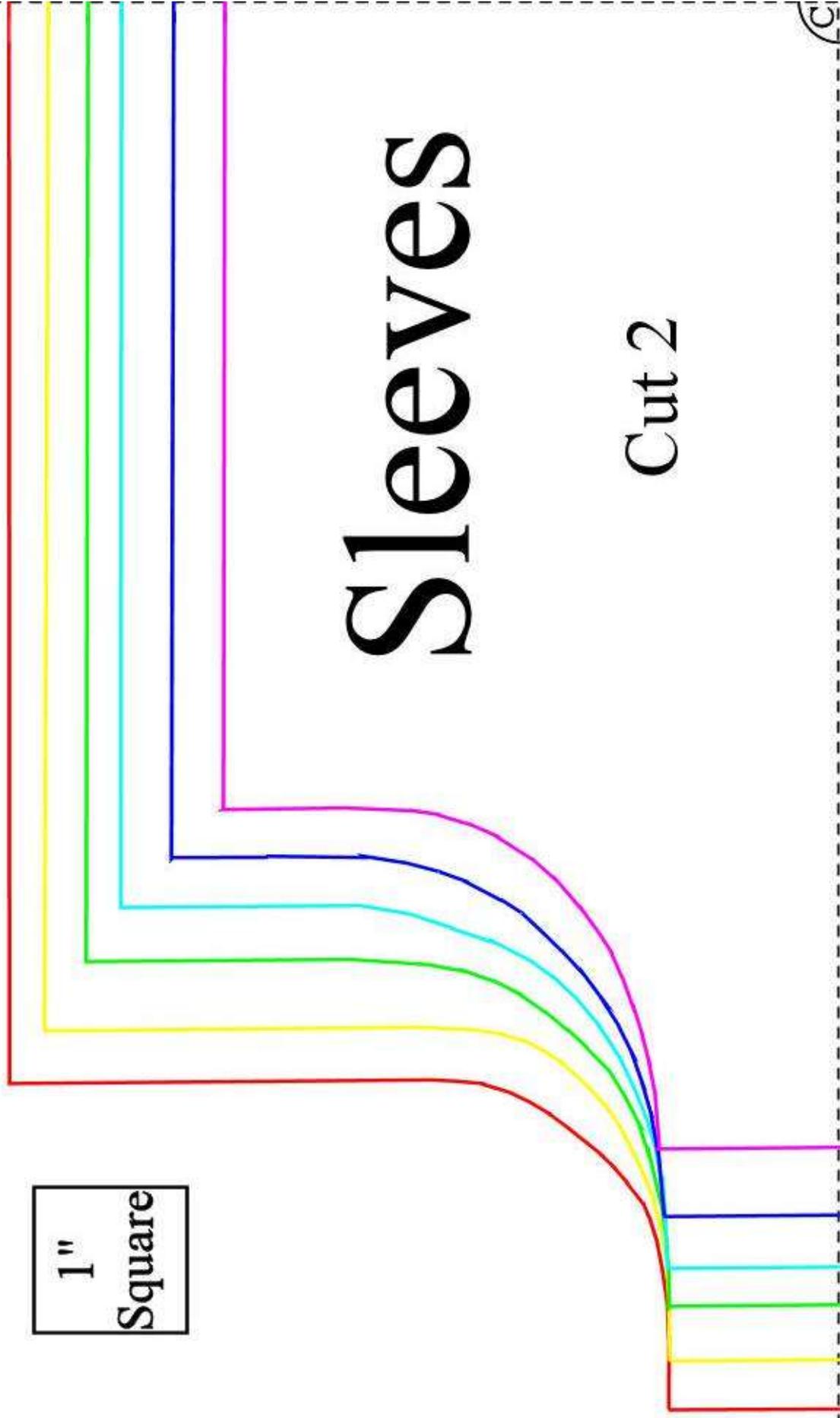
Once the pattern is assembled; each size is color coded for your ease.  
Below is how your pattern should look once assembled





# Sleeves

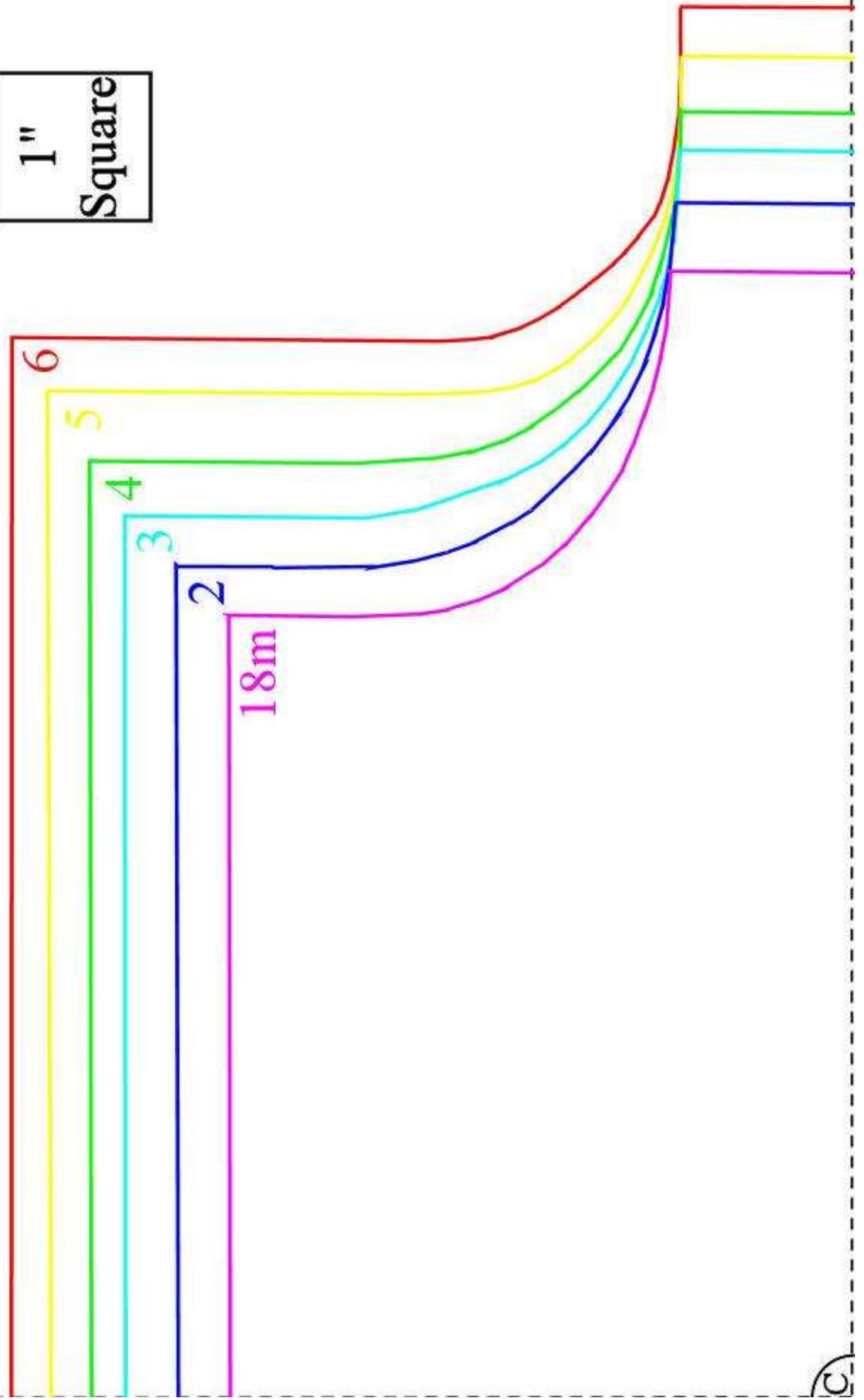
Cut 2



mytreasureheirlooms

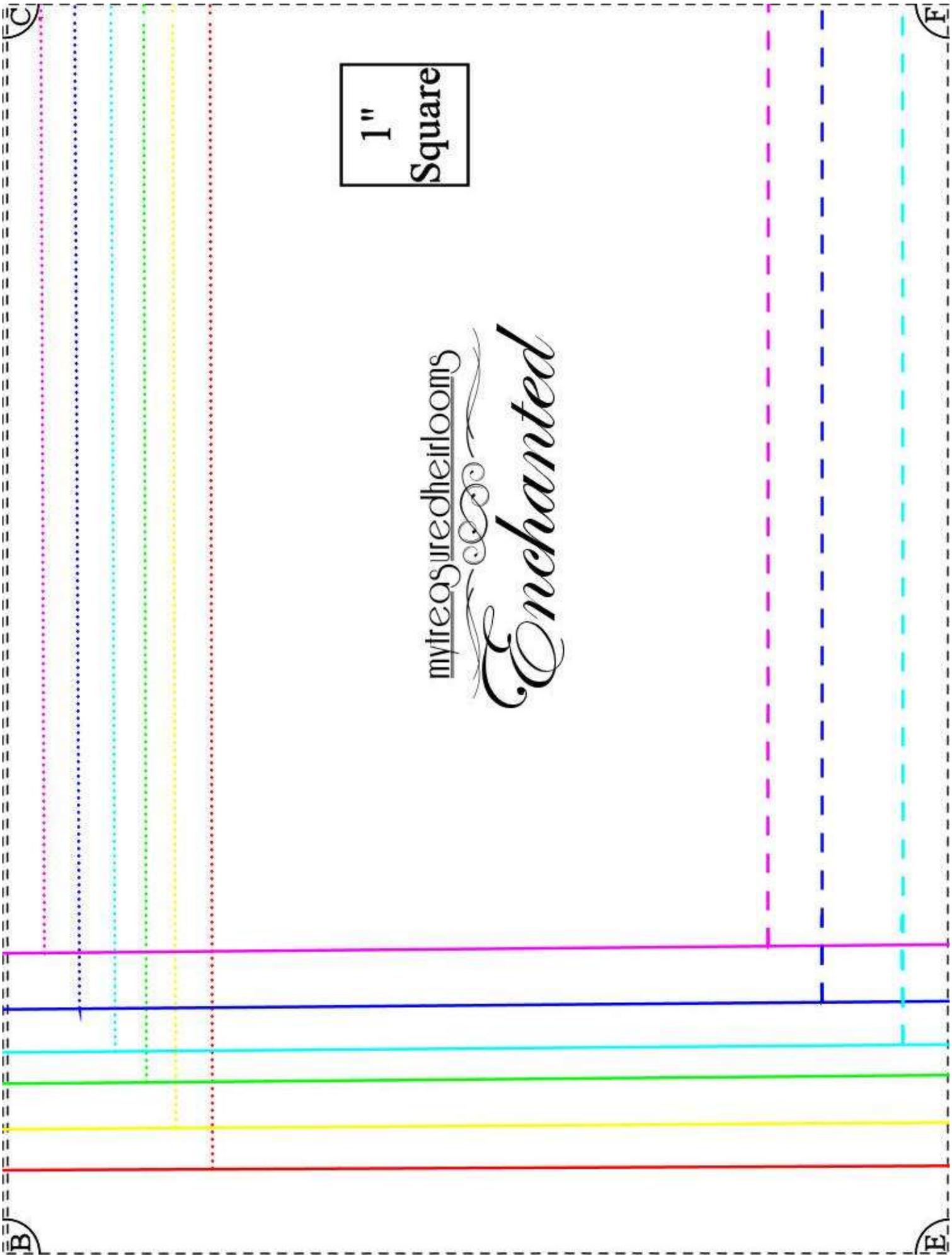
# Enchanted

1"  
Square



1"  
Square

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*Enchanted*

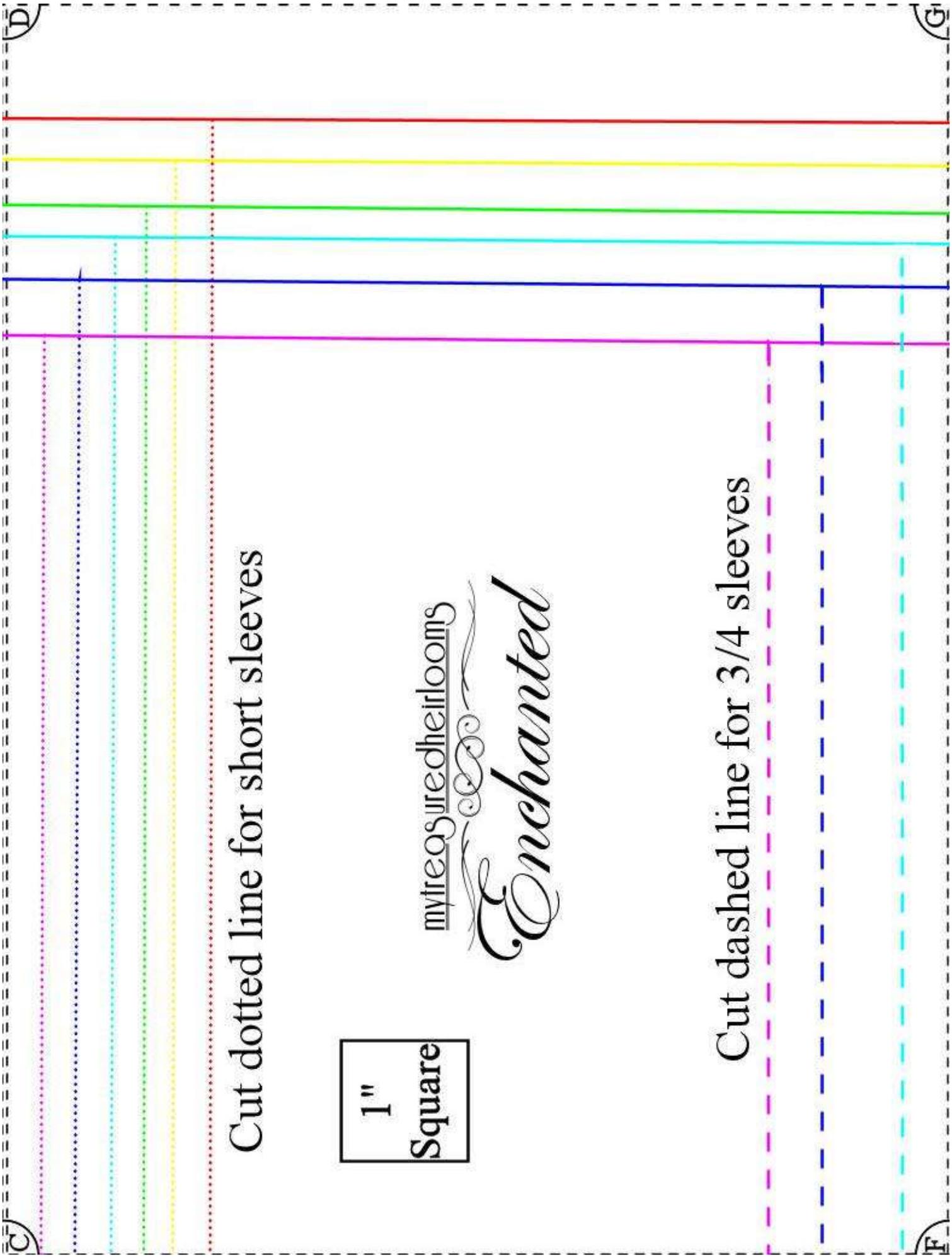


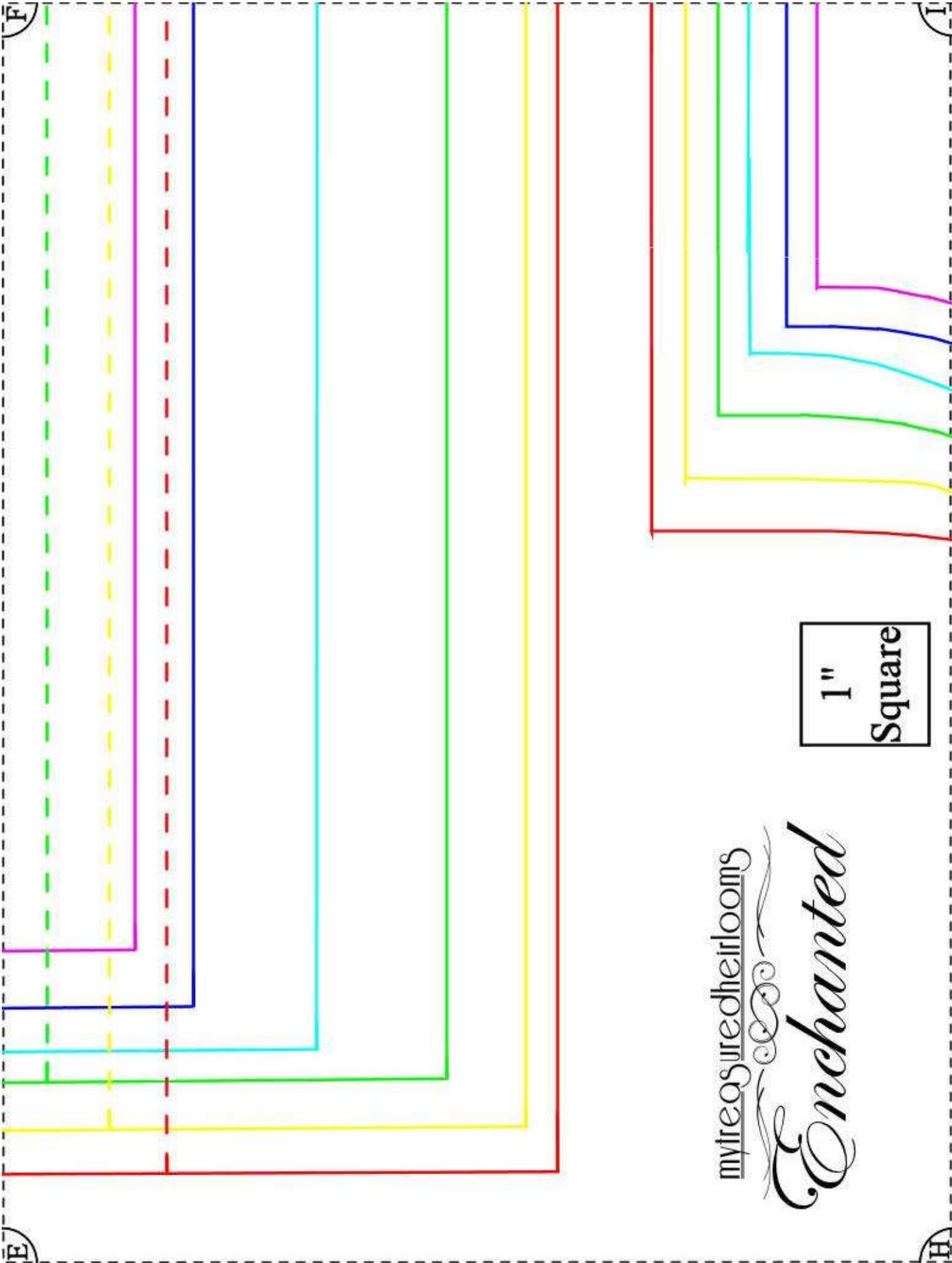
1"  
Square

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Cut dotted line for short sleeves

Cut dashed line for 3/4 sleeves





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*Enchanted*

1"  
Square

F

I

E

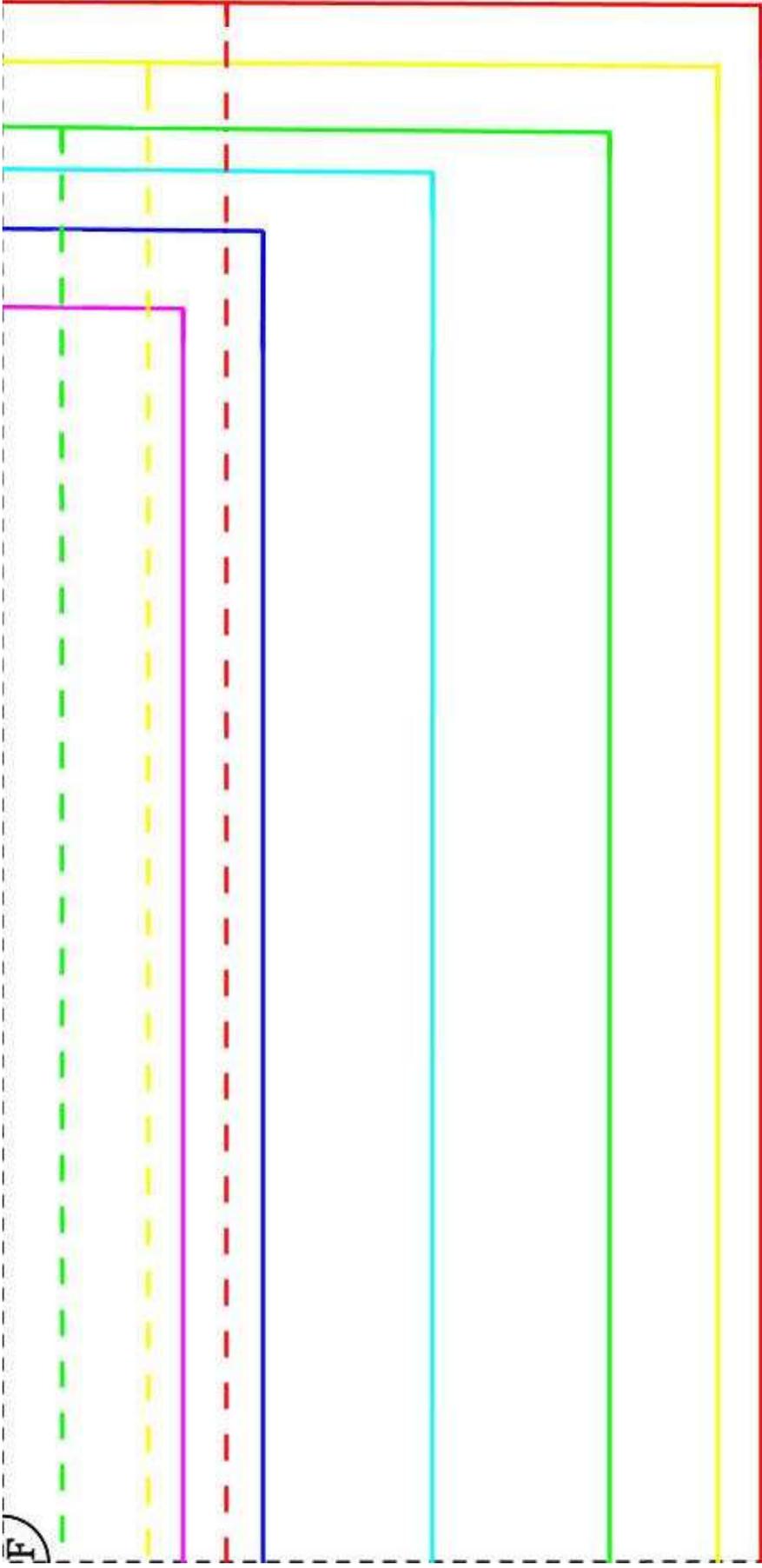
H

G

F

J

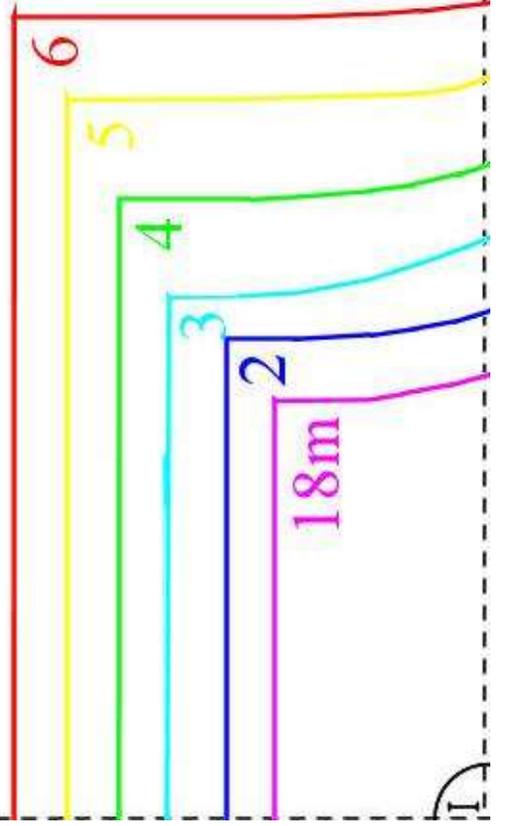
I



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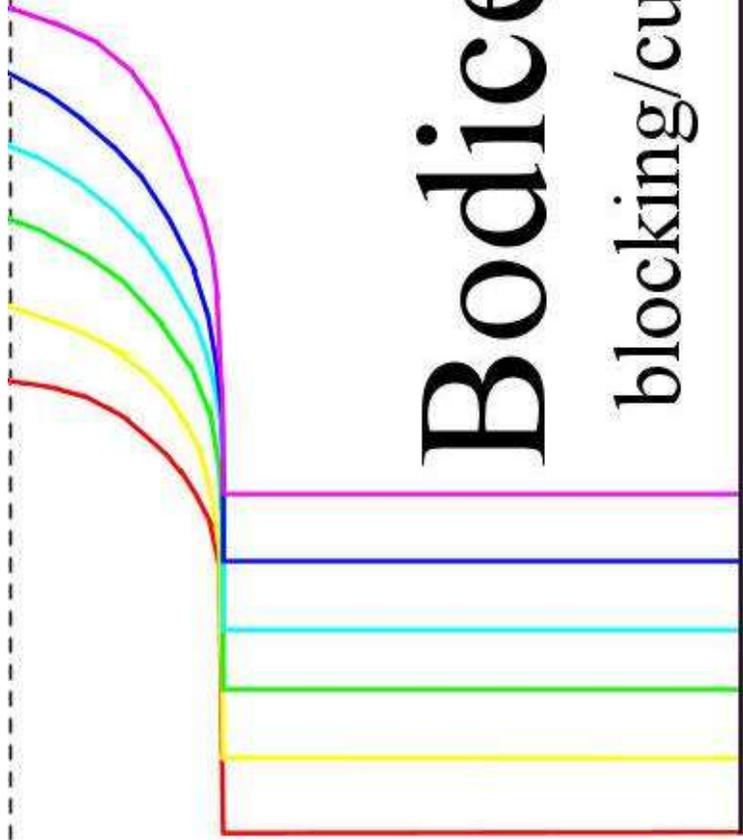
1"  
Square



1"  
Square

# Bodice front

blocking/cutting guide

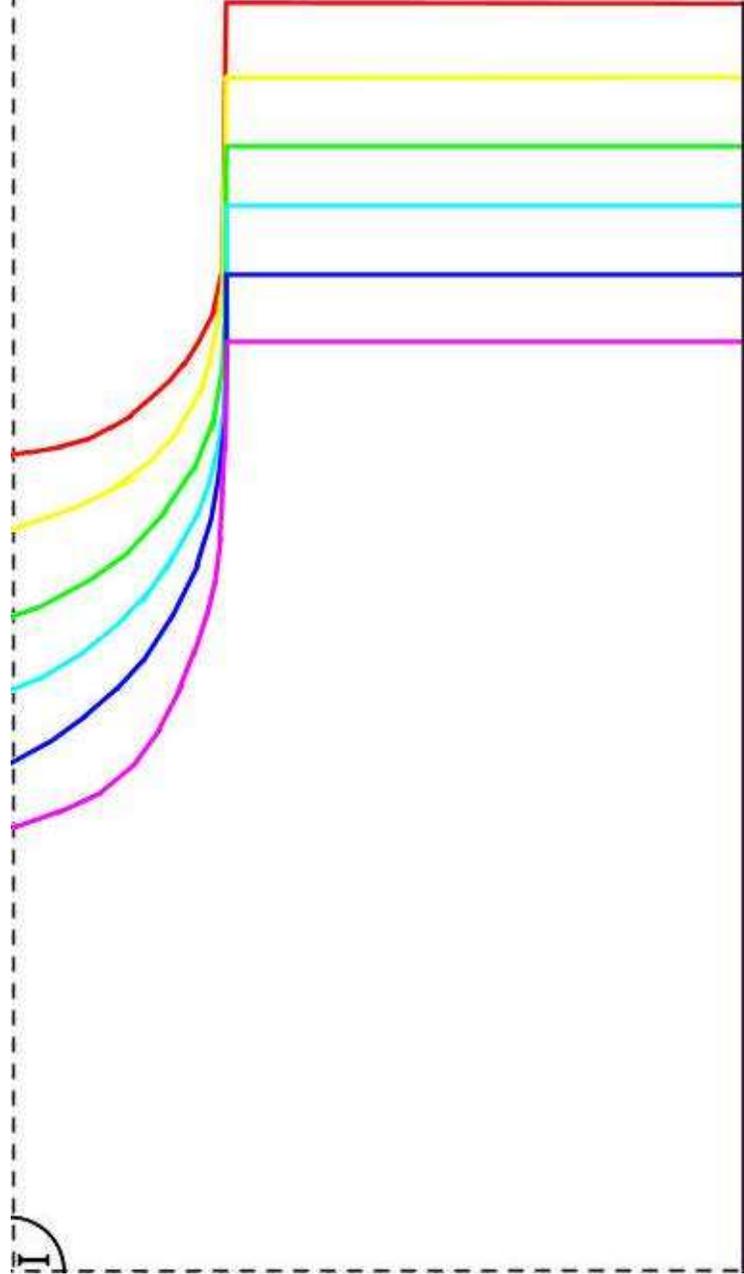


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B

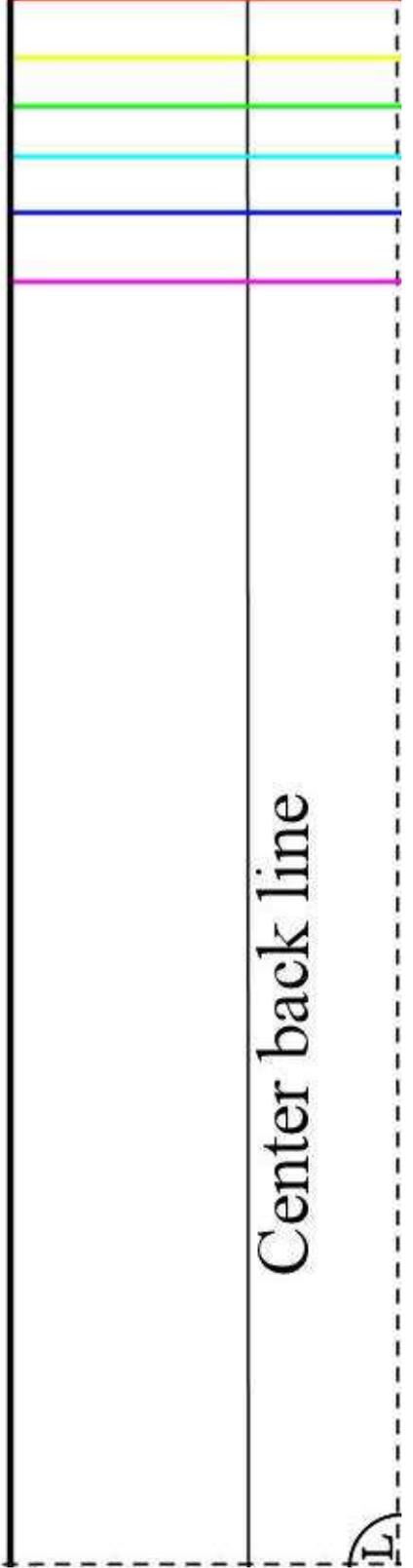
J

I



1"  
Square

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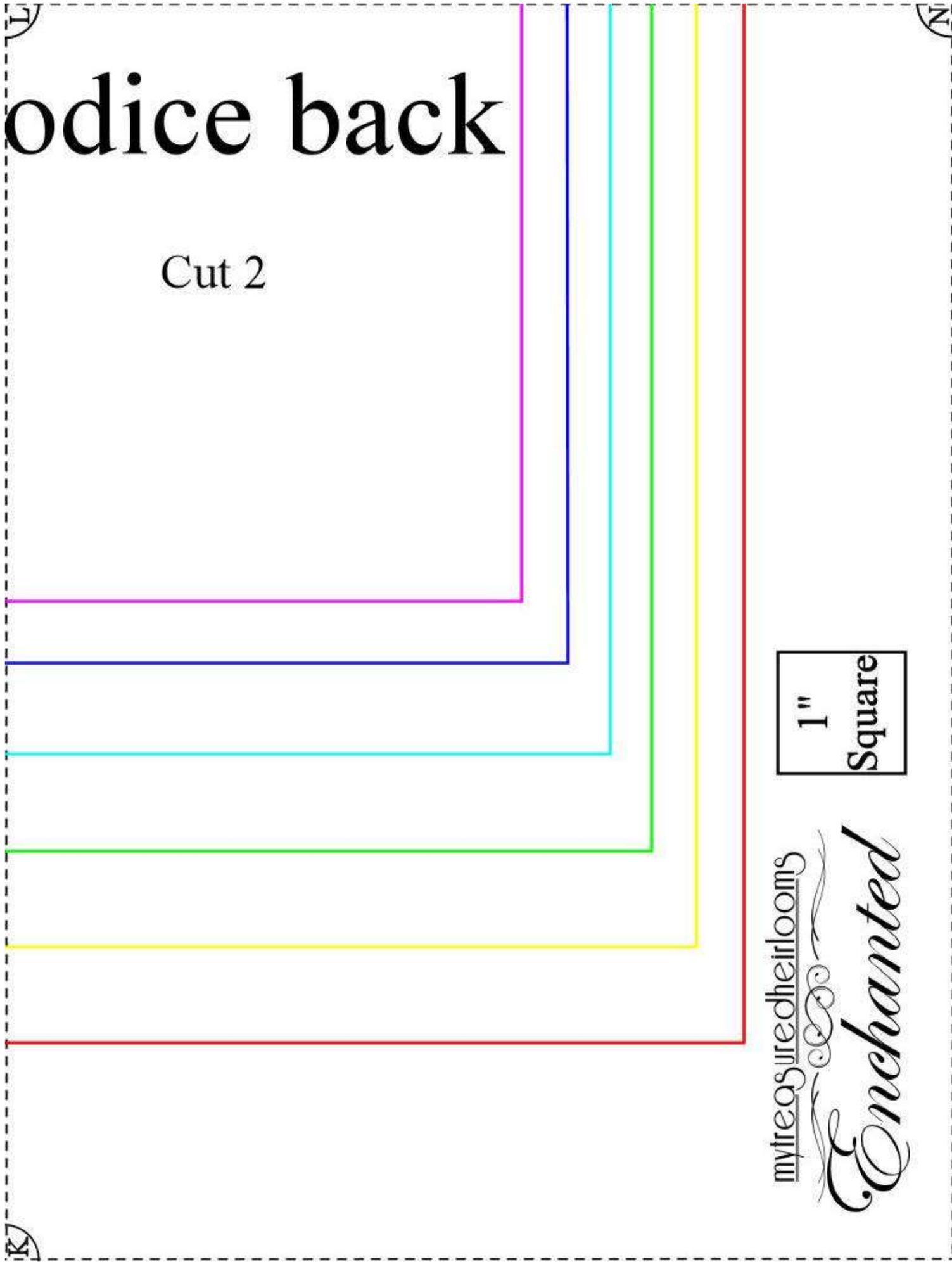
Center back line

M

L

# odice back

Cut 2



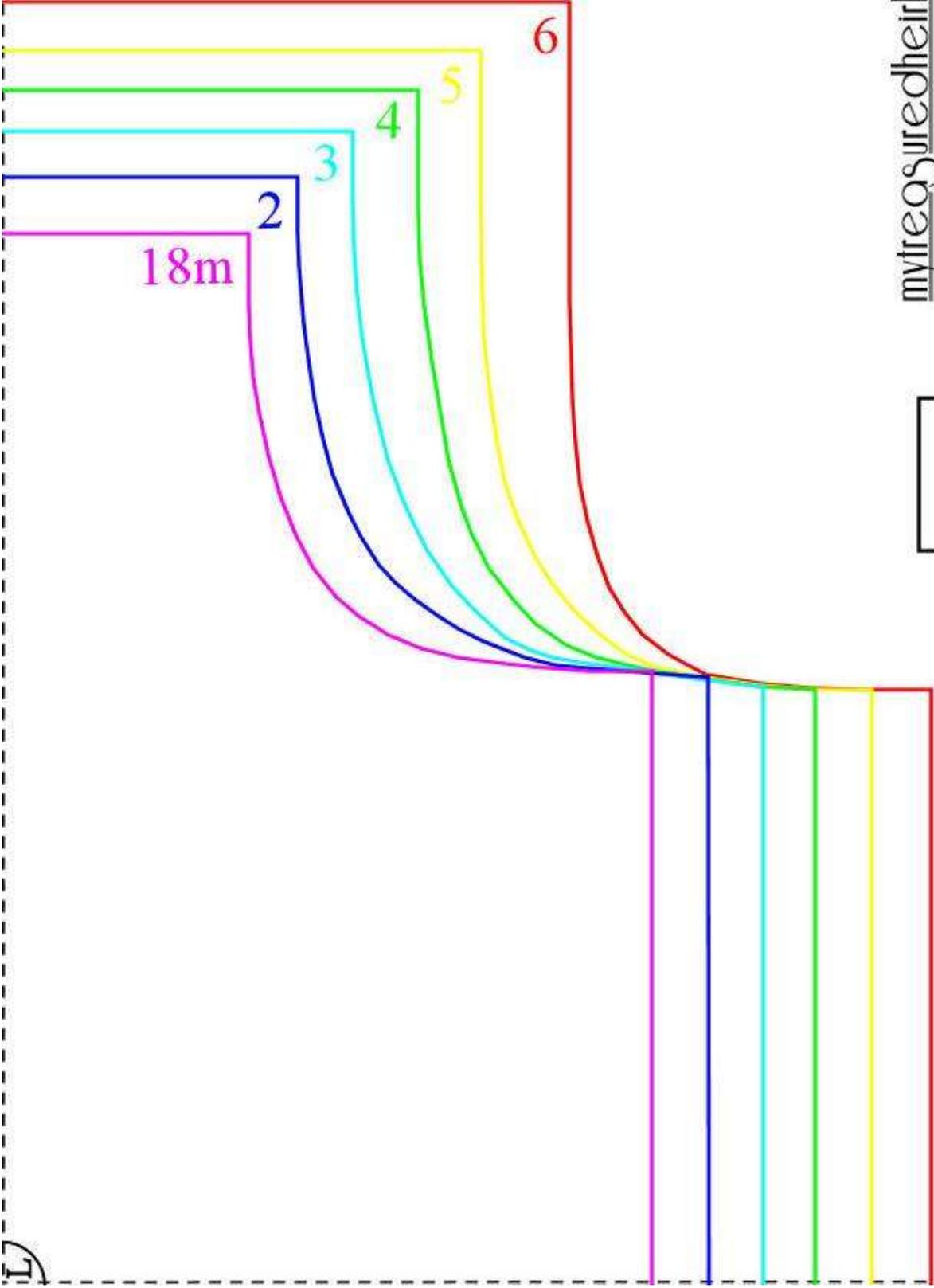
1"  
Square

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M

L

N



18m

2

3

4

5

6

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1"  
 Square